

You Are the Help Until Help Arrives

Life-threatening emergencies can happen fast and emergency responders aren't always nearby. You may be able to save a life by taking simple actions immediately. You Are the Help Until Help Arrives.



You Are the Help Until Help Arrives Reaches Milestone with 100,000 Participants

When accidents and injuries happen, the actions of people nearby can make all the difference. FEMA and partners developed the [You Are the Help Until Help Arrives](#) program to train people in the skills needed to provide lifesaving care before the arrival of professional first responders.

Until Help Arrives recently reached an important milestone on the road to building a culture of preparedness, with 100,000 individuals completing the online or classroom training. All Until Help Arrives participants learn the right steps to take in an emergency: call 9-1-1, stay safe, protect the injured from harm, stop bleeding, position the injured, and provide comfort.

FEMA aims to empower every American to prepare for, protect against, and respond to disasters. Partners across the nation can help achieve this goal by offering Until Help Arrives and other preparedness initiatives in their communities. To learn more about the steps people should take to help someone with life-threatening injuries, visit www.ready.gov/untilhelparrives.

Until Help Arrives is a partnership between FEMA, the U.S. Department of Health and Human Services Office of the Assistant Secretary for Preparedness and Response ([ASPR](#)), the Medical Reserve Corps ([MRC](#)), and the Uniformed Services University's ([USU](#)) National Center for Disaster Medicine and Public Health ([NCDMPH](#)).

Click on the links below to learn how you can help:

- [An animated interactive video](#)
- [A web-based training program](#)